

# Manchester

Manchester Training Centre, 9<sup>th</sup> Floor,  
8 Exchange Quay, Manchester M5 3EJ  
Training centre: 0161 873 6320



+44 (0)845 470 1000

[info@flane.co.uk](mailto:info@flane.co.uk)

[www.flane.co.uk](http://www.flane.co.uk)

## Directions

### By Road

**From the M6 South** exit Junction 1 M62 South, then proceed onto Junction 1 M602 Salford. Turn right onto A5063 Trafford Road. Proceed straight through five sets of traffic lights, after fifth set, turn left into Exchange Quay.

**From the M6 North**, join M60 North. Take Junction 7 A56 Salford (Chester Road). After approximately 4 miles turn left onto A5063 and follow the one-way system over the swing bridge, then turn right into Exchange Quay.

**From the M62 East**. The M62 East merges into M602 Salford. Turn right onto A5063 Trafford Road, then proceed straight through five sets of traffic lights, after fifth set, turn left into Exchange Quay.

**From the M62 West**. Take the M62 West to junction 12 M602 Salford, turn right onto A5063 Trafford Road. Then proceed straight through five sets of traffic lights, after fifth set, turn left into Exchange Quay.

### By Air

Manchester Airport is approximately a 20-minute drive from the centre and Exchange Quay.

### By Rail

Manchester Piccadilly station has a direct tram link to Exchange Quay in the direction of Eccles on the Eccles line.

